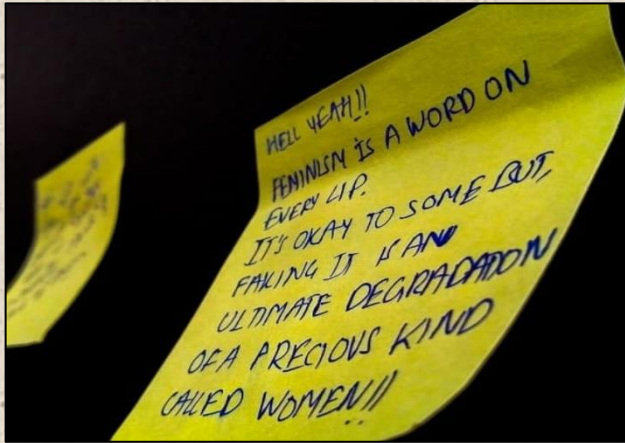
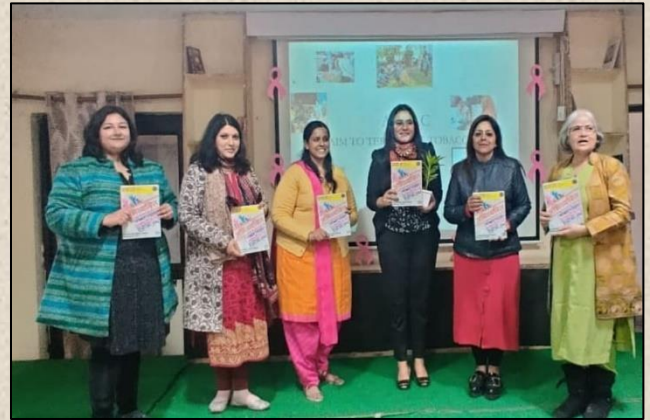


समता AT A GLANCE



BOLD THOUGHTS



BREAST CANCER AWARENESS SEMINAR



TEAM ATTAC AT HEALTH CHECKUP CAMP



PROJECT UDGAM



WINNERS OF QRIOSUS CURIOUS

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अभिव्यक्ति

Edition -2 (2019-2020)

Official students' annual
Newsletter of Women's
Development Cell,
Sri Aurobindo College
(evening)



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PRINCIPAL'S MESSAGE



"When God created man and woman, he was thinking, 'Who shall I give the power to, to give birth to the next human being?' And God chose woman. And this is the big evidence that women are powerful."
— **Malala Yousafzai**

Women play a very vital role in our society. But despite all their enormous contributions they are continually subjected to social and economic discrimination that stunt their growth. Education, I believe, is the game-changer of the society and has immense potential to address this issue. It then becomes imperative that our college works towards the upliftment of women and empowering them in a way that they become confident and self-reliant. Bearing this in mind, Women Development Cell was instituted at our college to ensure that women get equal access to rights at varsity and the society and to contribute to building a society where they are truly valued for who they are and the beautiful role that they play as nurturers of the future generation of humanity. It is an active committee comprising of Convener Dr Vibha Batra and students of Sri Aurobindo College (Evening), and functions with an aim to educate and sensitive students towards creating a gender-neutral environment at campus where both our boys and girls are treated equally.

The cell is also actively involved in organizing academic, cultural, technical and medical programs that cater to this end while providing a platform to the students to understand and realize their unexplored potential.

I felicitate the cell for working tirelessly towards empowering women and wish them luck in all their future endeavors. May we all see a day when women live fearlessly, as self-realized individuals, unshackled from all the bias and prejudices of the society and they finally receive their long-due status.

Dr. Namita Rajput
Principal OSD
Sri Aurobindo College (Evening)
21.3.2020

CONVENER'S MESSAGE



"To those accustomed to privilege, equality feels like oppression."

Greetings to the esteemed readers!!

Equality, respect, trust of each human being are the core values of WDC समता that we work for.

The dedication of the team has been par excellence even in this year of global pandemic.

A plethora of events, both online and offline, the Sunday shining posts, wall-event, case study, seminar, social outreach program (Udgam) the Winsome Wednesday, outrage series ...all have been winning hearts of the college and university fraternity alike.

The team under the brilliant leadership of Ravi Mishra has been brain-storming about various gender-stereotypes and recognizing the need to deconstruct them in keeping with the ever-evolving commendable role of women in every area of human endeavor.

The team has created a buzz around health concerns of women, about marital rape and helped our boys evolving into true feminists ready to contribute to the happiness of women at home by respecting their opinions in decision making, rearing the kids, cooking, dish washing etc...We must thank the lock-down for creating opportunities for men to participate in household chores and appreciate women for their hard work at home and in their professions.

How patriarchy is cruel not only to women but to men as well is known to this generation through platforms like this.

I congratulate Hardik for his extraordinary efforts in organizing the seminar on Breast Cancer Awareness and a two-day health checkup camp at college by ATTAC.

Project Udgam to train underprivileged children about good /bad physical touch under the guidance of Preet Rawat is praiseworthy.

The social media reach of WDC has moved way ahead in this session in spreading the message that men and women are not rivals in a race but are rather co-creators of a joyful society/civilization.

Dr. Vibha Batra
Associate Professor

Sri Aurobindo College (Evening)
21.3.2020

FROM THE DESK OF STUDENT EDITORS



RAVI MISHRA



PREET RAWAT



HARDIK RAI



SHEFALI GUPTA



SHREYANS BOTHRA



PRAMOD PANWAR



URJA GANGWAR

“WORDS ARE LIKE KEYS” if you choose them right, they can open any heart and shut any mouth.

With all the love and gratefulness among all of us, we welcome you to the second edition of WDC newsletter 'अभिव्यक्ति'. The journey has been full of wonderness and gratitude all the way till date. We solely believe in displaying the best of content which can connect us all like a family. We would like to extend our sincere thanks to our principal Dr. Namita Rajput and WDC Convener Dr. Vibha Batra who were always there to show us guidance. We also raise an applause for all the hard work and dedication from समता team-members and students directly or indirectly involved in achieving this milestone.

The goal of bringing out the newsletter is to accomplish and empower the feminine while also unleashing the achievements and hidden talents of students and encouraging them to work for a platform for highlighting the social issues through prose and artistic pieties. We would like to pay regards to the college fraternity for their continuous support. Hope you will love reading our pioneering endeavor and enlighten us.

The editorial board welcomes your comments and suggestions, if any. May almighty bless us all and help us achieve our dreams and ambitions.

Thank you...

FROM THE DESK OF CORE TEAM



RAVI MISHRA
(PRESIDENT)

Leadership is both a research area and practical skill encompassing the ability. It is a responsibility to work with the team all together to attain uncommon results.

It feels very fortunate to take charge of a milestone achieved by all our teammates with their hardwork and dedication.

Presenting before you, the second edition of our annual newsletter!

A thought turns into an idea, an idea into a fortune, Fortune into an empire but thing that remain constant throughout this process is your ability to imagine and express. Never ever compromise with it because we all know what wonders a human mind can do.



PREET RAWAT
(VICE-PRESIDENT)



GEETANJALI
(VICE-PRESIDENT)

Have you ever been so involved with your work that it started giving you immense happiness?

Try doing it once. The work you do, do it with dedication, with commitment to yourself and for betterment of team without expecting anything in return. Start showcasing the love and talent towards everything you do.

Everyone can start something but finishing something is not everyone's cup of tea. And those who are the finishers, are the real successor.



DANISH ALIM
(SECRETARY)



HARDIK RAI
(JOINT-SECRETARY)

"It is literally true that you can succeed best and quickest by helping others to succeed."

ANNUAL REPORT

SESSION 2019-2020

• INTRODUCTION

“There is no tool for development more effective than the empowerment of women”

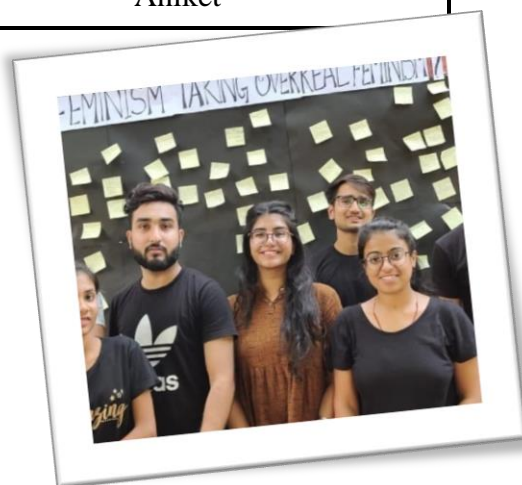
समता - Women Development Cell has been working for the encouragement, empowerment, and development of women, creating awareness about gender equality, celebrating the feminine in every human being and working against every type of gender discrimination.

TEAM समता 2019-2020		
FACULTY	Convenor	Dr. Vibha Batra
STUDENTS	President	Ravi Mishra
	Vice-President	Preet Rawat
	Vice- President	Geetanjali
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	Digital Head	Heena Batra
	Content Head	Shreyans Bothra
	Research Head	Sahil Sharma
	Digital sub-Head	Amit
	Content sub-Head	Abhinash
	Research sub-Head	Aniket

• BOLD THOUGHT:

With the objective of brushing up people's knowledge about feminism and fake feminism Women's Development Cell of Sri Aurobindo College (evening) organized an event on 23rd September 2019. The wall event's topic was "Is fake feminism taking over real feminism?".

It started in the college hours and for everyone. This event got



varying opinions, written on sticky notes and pasted on the wall. All the members along with the core team wrote their opinions too. A lot of enthusiasm was seen in the participants. A lot of responses were recovered in the end with some same responses, some different. Thus, the event witnessed huge response by the students and ended on a positive note. SAMTA provided students a platform to express their opinions and also gave them an opportunity to think about a subject which is of great importance in these times. Thus, to wind up, this event added to SAMTA's another successful events with the coordination and the efforts of the team members and the teachers

● OUTRAGE 1.0

SAMTA - The Women's Development Cell of Sri Aurobindo College Evening believes in equality in the society we live in. We are constantly working for the betterment of the society and raising awareness about the various social issues prevailing in our society. We try and spread awareness in every way possible. For spreading awareness and to bring out what the people think we organised online debates. In the debates we include only those topics which are of social benefits. We have named our series of online debate as OUTRAGE 1.0.

This simply means to present one's thought without the fear of being judged. Our first online debate was organised on 18th October, 2019. The debate was based on the topic "Should There Be Reserved Seats for Ladies When They Have a Reserved Coach in the Metro." This was our first online debate. We received an overwhelming response on our very first online debate. We were able to hit a century in our first match. More than 100 people participated in our very first online debate. There were different types of opinions being presented by the participants. Each and every participant's comments were read and analysed with utmost care and fairly. The Best three were awarded with Certificates and Digital Recognition on our social media handles. This was all possible because of the team's efforts.



● QRIIOUS CURIOUS

SAMTA-The Women development cell of Sri Aurobindo college evening organised QURIOUS- CURIOUS an inter college case study and quiz completion. A total of 30 teams consisting of 3 members each including the team leader participated in it. The competition includes 3 stages firstly a QUIZ followed by EXTEMPORE and lastly the CASE STUDY. It all started with a quiz on current affairs followed by elimination.

Half a number of teams played the 2nd round EXTEMPORE- a chit-based round in which mainly the team leader had to present their views on the topic provided in the chits. Topics were centred on social issues. Lastly, after elimination the 3rd round started which was the CASE STUDY regarding the reservation for Women in Delhi metro. Thus, the event ended with distribution of cash rewards and certificates to the top 3 teams. Altogether the event was another success for SAMTA.



● CANCER AWARENESS AND DONATION DRIVE

With the objective of changing one's opinion and providing education on a topic which is often regarded as a TABOO in our nation, students of

SAMTA of SRI AUROBINDO COLLEGE (EVE) organized a wall event on the BREAST CANCER on 31st October 2020 to mark the end of the pink month in our own way "stand by her " an awareness and a donation drive to help and support breast cancer patients with a great pompous show.

The day begins by covering the college campus with pink balloons and students wearing pink ribbon cross, later to mark the beginning of the grand day the honourable principal ma'am and the hardworking convener Mrs Vibha Batra spoke their heart on the topic and enlightened all by their words on the social cause.

The students showed the greatest enthusiasm and flooded the college campus with photographs and hashtags to show their interest and by chanting the slogan as loud as they could "let's beat the cancer together & together we can make a difference".

The wall was decorated with posters with bold quotes such as "Go pink, refuse to sink " and "#pink October" which doesn't manage to fail to spread the message that we are all together in this fight. A donation box was installed besides the wall where both the students and teachers donated freely which was later donated to CANSUPPORT a Non-profit organization that helps to provide a better life to the real warriors.

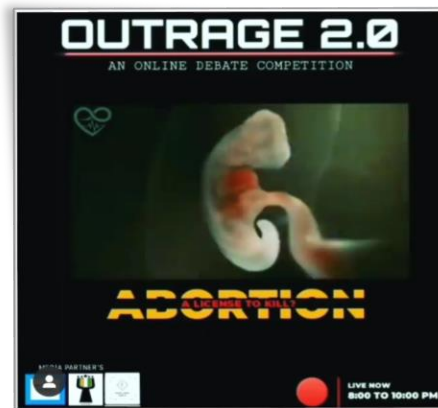
The event concluded perfectly as everyone not only gathered in masses but also expressed their opinion and collected a hefty amount for the Nobel cause.



● OUTRAGE 2.0

Seeing the unconditional love and support in the first edition of our online debate On January 9, 2020 we organised another online debate namely "Outrage 2.0". The topic for this debate was "Abortion- A License to Kill".

This debate saw our society achieving great heights. We were able to gather participation from across 200 people. There was a healthy competition between the participants. There were various different and mixed opinions being presented by the participants. Our team yet again seamlessly executed the debate with utmost sincerity. The best 3 participants were given Certificates of Appreciation and digital recognition with their thoughts being published on our pages. We are always ready to take steps for the betterment of the society we live in. Small steps like these help us to bring about a change in the way people think of certain issues.



● BREAST CANCER SEMINAR

15th and 16th January, 2020, was made memorable when Samta, the Women's Development Cell of Sri Aurobindo College (Eve) held their first event of the year, a seminar on Tobacco and Breast Cancer awareness. This great initiative was led in cooperation with ATTAC (Aim to Terminate Tobacco and Cancer), an NGO that



works towards helping cancer patients and terminating the addiction of tobacco from our society. The event was held in the seminar hall.

It began with our convener Mrs. Vibha Batra welcoming all the lovely speakers with their beautiful minds followed by our honourable principal ma'am presenting a token of honour to our first speaker, Dr. Sumedha, who spoke in depth about the causes, symptoms and effects of cancer and tobacco consumption. Dr Sumedha spoke in depth about the signs of breast cancer (lumps, pain, etc.), The treatment methods (surgery, chemotherapy, etc.) And the methods of detection (CBE, MBE, etc.). She talked about how alcohol and tobacco consumption effect and enhance the risk factor of breast cancer and oral cancer. The speech was very informative with enthusiastic response from the audience. Then Dr Vanshika Gupta took the stage and informed us about the work that ATTAC does for society and the different initiatives run by them.

● HEALTH CHECKUP CAMP

A two-day free Medical health Check-up was organised by TEAM ATTAC (Aim to terminate Tobacco and Cancer) at Sri Aurobindo College evening from 15 January 2020 to 16 January 2020 from 2.00 p.m. to 5.00 p.m. in collaboration with SAMTA- Women development Cell, SACE, along with a medical talk on breast cancer.

The main objective of the camp was to provide the basic health check-up. The services of the camp included blood pressure, height weight measurements, blood, glucose, haemoglobin and ecg for the high-risk patients. In this fast-growing world humans rarely pay attention towards their health and this ignorance lead to many diseases in the long run. Thus, the camp offered the necessary health check-up for every individual. The team offered their services to the students, teaching as well as the non-teaching staff.

Thus, providing equal health benefits to all. SAMTA sincerely acknowledge the encouragement provided by our principal Dr. Namita Rajput in organising this camp. Also, we are thankful to the doctors of Team ATTAC Dr. Sumedha and Dr. Vanshika Gupta for their support and the services. Last but not the least we appreciate with gratitude the services and support provided by the para- medical staff and other volunteers of Team ATTAC and helping us in making this initiative successful.



● WINSOME WEDNESDAY NEW AVATAR

Winsome Wednesday is an initiative which was started by the Women development cell, SAMTA of SRI Aurobindo college evening on 19, December, 2019.

Winsome Wednesday is published on every Wednesday and it aims at highlighting the roles and achievements of women in different fields across the globe. It mainly includes the various news update related to women in field. Along with it also includes a FACTOPEDIA which comprise of facts related to women empowerment, women achievement's, the status of women in India etc. The main area of concern for winsome Wednesday is not only restricted to women but also the other sections like LGBTQ+. which are often discouraged to be discussed in the society.

WINSOME WEDNESDAY
ISSUE : 50TH 22 JAN, 2020

#NEWS UPDATE:

- 1. MAKING INDIA PROUD, WRESTLER VINESH PHOGAT BAGS GOLD AT THE ROME RANKING SERIES EVENT. THIS IS HER FIRST GOLD OF THE 2020 SEASON.
- 2. GEETHU MOHANDAS IS THE FIRST INDIAN WOMAN CHOSEN FOR FJALLRAVEN POLAR
- 3. CAPTAIN TANIA SHERGILL TO BE FIRST WOMAN PARADE ADJUTANT

#FACTOPEDIA:

ACCORDING TO A REPORT COMPILED BY DRISHITI STREET ADHYAYAN PRABHODHAN KENDRA, AT LEAST TEN PER CENT OF THE WORKING WOMEN POPULATION FACES SEXUAL HARASSMENT AT THE WORKPLACE. THE STATUS OF WOMEN IN INDIA REPORT ALSO HIGHLIGHTED OTHER CONCERNS SUCH AS 37.14 PER CENT WOMEN IN INDIA FACE HEALTH ISSUES, WHERE THE HIGHEST NUMBER IS 44 PER CENT WITH ARTHRITIS, "A LEADING NATIONAL DAILY REPORTED.

NAMITA RAJPUT
(PRINCIPAL OSD)

This initiative by SAMTA aims to broaden the area of thinking of society by reading about women, and also the various other section which are often ignored. The purpose is to develop a broad mentality regarding the role of women which is not only confined to the four walls of the house, but also if given chance women can prosper in every field.

Thus, winsome Wednesday highlights such great achievements of women in this initiative and helping the society to realise that women are now no lesser than men. And also, they are remarkably sufficient to leave their footprints in every field they enter. Right from December 2018. This journey in January 2020 marked its 50th issue. This initiative thus provided various useful facts to the society and SAMTA wishes in future as well to continue this journey thus nurturing minds in respect of women and other sections.

● PROJECT UDGAM:

The Women Development Cell of Sri Aurobindo College(E) regularly tries to make visits to NGOs and teach children of different age groups about different problems and their solutions in a subtle yet impactful manner, which we call Project UDGAM. For the year 2019-20, we made 3 such visits to NGOs with the core purpose of creating awareness amongst the innocent children.

Our first visit of the academic year 2019-20 was on 3rd September 2019, the Women Development Cell gave a beautiful start to its project UDGAM. All the members of the team were excited and inspired to give a kick start to the new session. The team was invited by the Literacy Council supported by "DELL" to showcase the project and present the notion of UDGAM. The sunny afternoon was added by the spill of laughter and knowledge spread among all the young children. Team UDGAM of WDC, spreads awareness about the "Kind of Touches" which is a very important issue in the society. The learning and teaching process were quite resourceful and turned out to be a great start.

Overall, the students were keen to learn and their excitement towards understanding new terms, surely gave us the motivation to work much harder for issues prevailing in our society and reach out to the younger population to educate them about the "good" and the "bad". The meeting ended on a good note as all the children showed signs of learning.

On Saturday, 14th September, 2019 The Women's Development Cell (समता) went on their second session for Project UDGAM to DIGITAL SHIKSHA FOUNDATION with great spirits and high enthusiasm. The team went to the NGO in the afternoon. The event kicked off with an informal introduction by each member and the kids introducing themselves. The children seemed pretty nervous at first but as we informally introduced each other, they started bonding well.



Then we organised a basic body structure introduction where we taught the children about the 'basic body parts' and 'private parts. Later in the event we told them about different types of touches. We also presented a part where the students were taught some basic self-defines techniques when the need arose.

We had organised some activities, like quizzes, for the children where they actively took part and earned some rewards in the form of chocolates. The reward incentive gave the students a great boost and each student was involved in the activities. To conclude it was another successful visit. We could gather a great number of students with their active participation in the activities and everyone enjoyed it a lot as well as learned about some very crucial aspects.

On 6th Nov 2019, the Women's Development Cell (समता) went for their 3rd UDGAM session at Saksham Foundation, Malviya Nagar. It was a day filled with information and fun. Our workshop started with comforting the kids with our introduction followed by the the fun and invigorating session which focused on teaching them about their bodies and different types of touches as well teaching them the important lessons of sex education and about their choice and consent. The NGO had kids from age 5 to 13 years. Kids there were curious to learn, had high grasping power and should thrive to listen attentively. The team tried to repeat their respective parts as much as possible, so that the children could learn it permanently. All of them were asked questions related to the topic being taught. They gave a very positive response and also asked questions when they could not understand a certain word or wanted to get more information. Overall it was a session which involved great amount of understanding, laughter, games and knowledge.

WHY? ALFAAZ

*"Don't ever diminish the power of words. Words move hearts and hearts move limbs."
-Hamza Yusuf*

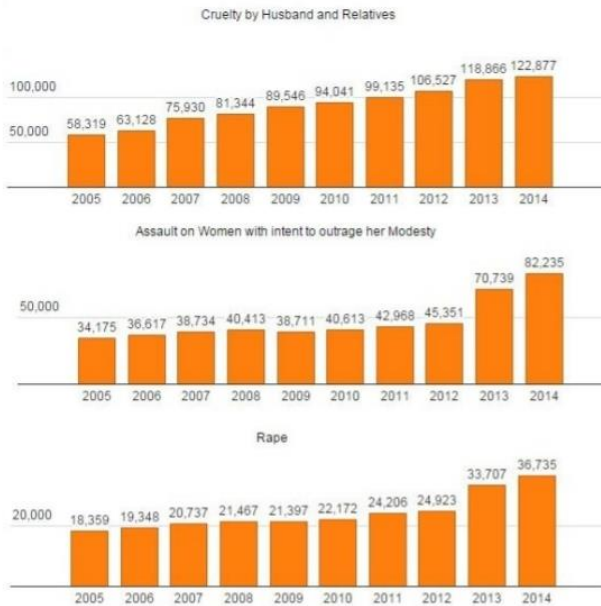
Alfaaz means 'words' and we all know what magic words can do if used properly. We believe in the power of words to unshackle the captivated soul. So Samta - The Women's Development Cell of Sri Aurobindo College (evening) with similar vision hopes to embed meaning and touch people's life through 'Words'. words filled with hope, words with a vision but more importantly words which proceed with an 'action'. Alfaaz is enshrined with a vision to not change the world but lessen the atrocities that exist in it. It's motive is to make people aware of issues, social problems existing in our society and present it in front of them with actual data explaining the gravity of it and how it takes over our life. Project Alfaaz wishes to direct its energy on making people aware, providing them with faith making far fetched ideas to not seem so far anymore. It wishes to create a change little by little. Alfaaz is our monthly online publishing article report where we discuss various social problems against women and present them as slides, each slides containing information in the form of statistics, facts and lastly presenting our opinion on eradication of the said social issue. This Project aims to brainstorm your mind to think over the issue with details and understand the problem behind the cause. It will articulate more

conversations between people especially youth who are future of country. It will catharsis the old conservative thinking and transform the mentality to seek change. We live in a society where women are considered as devi but in reality they're considered as burden and discriminated almost everywhere. Their voices are suppressed and often seen as inferior to men.

Underlying statistics shows condition of women in India

- The Monster salary Index (MSI) says, Indian men earn 25% more than women in the same kind of work done by both men and women. The average gender gap is 38.2%
- In recent survey between 2015-2016, it revealed, 80% of working women suffer domestic violence at the hands of their husbands.
- Taking the national awards, less than one in 25 women got Dronacharya awards over the years, while one fourth of Arjuna awards were granted to women

Source: National Crime Records Bureau;
Figures represent cases reported.



Note: Cruelty by

Husband and Relatives (Section 498-A IPC); Assault on Women with Intent to Outrage Her Modesty (Section 354 IPC); Kidnapping & Abduction of Women (Section 363,364,364A, 366 IPC); Rape (Section 376 IPC); Insult to the Modesty of Women (Section 509 IPC); Dowry Deaths (Section 304-B IPC).

Keeping all these things in mind Samta came out with the idea of Alfaaz. As the name Samta suggests parity we believe in the ideology of equality for every human out there. Through this project a new start has been made to highlight the social issues in our society and express the urgent need to tackle these. A pen and a paper can bring a revolution and in a world like today where social media is vibrant you just need sensible thinking and good deed and see the magic your words can do, maybe they can bring the change. Alfaaz is our vision of hope and

promise that will help masses to understand the real problem in our society and work towards a common social goal to achieve a social fabric in our country where women are safe and secured.

Till now we have published two article reports which gathered immense love and appreciation from our followers and supporters. It was read by many individuals and was shared almost everywhere. Through our article reports even if we can start a conversation in the society about the problems and can transform even slight of mind-set towards women then we'll consider this as success for us.

Everyone can think and express, we want you to come forward and support us in this journey where our women are independent and lively, where there is no space for harassment and no place for discrimination. When you express through your heart everyone listens and when your actions are expressed through words then it can bring the change. Ability to express brings self-confidence and self-confidence helps us become stronger and wiser. Come forward and let your words speak against the injustice because when you express then only you can rise and uplift not only yourself but many others out there.

So lastly “Apane alfaaz bahar aane do aur fir dekho ye kaise dunia ko badal daenge”

Achieving Gender Equality in India: What Works, and What Doesn't

We thank our source UNITED NATION UNIVERSITY for such an informative report presenting today's requirement Feminism. Women Development Cell (SACE) has this one thing in concern to learn and spread and therefore present you this report.

Discrimination against women and girls is a pervasive and long-running phenomenon that characterizes Indian society at every level.

India's progress towards gender equality, measured by its position on rankings such as the Gender Development Index has been disappointing, despite fairly rapid rates of economic growth.

In the past decade, while Indian GDP has grown by around 6%, there has been a large decline in female labor force participation from 34% to 27%. The male-female wage gap has been stagnant at 50% (a recent survey finds a 27% gender pay gap in white-collar jobs).

Crimes against women show an upward trend, in particular brutal crimes such as rapes, dowry deaths, and honor killings. These trends are disturbing, as a natural prediction would be that with growth comes education and prosperity, and a possible decline in adherence to traditional institutions and socially prescribed gender roles that hold women back.

A PREFERENCE FOR SONS: -

Cultural institutions in India, particularly those of patrilineality (inheritance through male descendants) and patrilocality (married couples living with or near the husband's parents), play a central role in perpetuating gender inequality and ideas about gender-appropriate behavior.

A culturally ingrained parental preference for sons — emanating from their importance as caregivers for parents in old age — is linked to poorer consequences for daughters.

The dowry system, involving a cash or in-kind payment from the bride's family to the grooms at the time of marriage, is another institution that disempowers women.

The incidence of dowry payment, which is often a substantial part of a household's income, has been steadily rising over time across all regions and socioeconomic classes.



This often results in dowry-related violence against women by their husbands and in-laws if the dowry is considered insufficient or as a way to demand more payments.

These practices create incentives for parents not to have girl children or to invest less in girls' health and education. Such parental preferences are reflected in increasingly masculine sex ratios in India. In 2011, there were 919 girls under age six per 1000 boys, despite sex determination being outlawed in India.

This reinforces the inferior status of Indian women and puts them at risk of violence in their marital households. According to the National Family and Health Survey of 2005-06, 37% of married women have been victims of physical or sexual violence perpetrated by their spouse.

AFFIRMATIVE ACTION: -

There is clearly a need for policy initiatives to empower women as gender disparities in India persist even against the backdrop of economic growth.

Marital Rape: A Non-criminalized Crime in India

The Harvard Human Rights Journal was founded in 1988 and has since endeavored to be a site for a broad spectrum of scholarship on international and domestic human rights issues. The Journal annually publishes a print edition containing range of original scholarly works on contemporary human rights issues.

We thank Harvard Human Rights Journal for such an informative report presenting today's requirement.

Women Development Cell (SACE) has this one thing in concern to learn and spread and therefore present you this report.

The definition of rape codified in *Section 375 of the Indian Penal Code ("IPC")* includes all forms of sexual assault involving nonconsensual intercourse with a woman. However, Exception 2 to Section 375 exempts unwilling sexual intercourse between a husband and a wife over fifteen years of age from Section 375's definition of "rape" and thus immunizes such acts from prosecution. As per current law, a wife is presumed to deliver perpetual consent to have sex with her husband after entering into marital relations. While unwilling sexual contact between a husband and a wife is recognized as a criminal offense in almost every country of the world, India is one of the thirty-six countries that still have not criminalized marital rape. The Supreme Court of India and various High Courts are currently flooded with writ petitions challenging the constitutionality of this exception, and in a recent landmark judgment, the Supreme Court criminalized unwilling sexual contact with a wife between fifteen and eighteen years of age. This judgment has in turn led to an increase in other writs challenging the constitutionality of Exception 2 as a whole. In light of ongoing litigation, this Article critically analyses the constitutionality of Exception 2.

VIOLATION OF ARTICLE 14 OF THE INDIAN CONSTITUTION

Article 14 of the Indian Constitution ensures that "[t]he State shall not deny to any person equality before the law or the equal protection of the laws within the territory of India." Although the Constitution guarantees equality to all, Indian criminal law discriminates against female victims who have been raped by their own husbands.

At the time the IPC was drafted in the 1860s, a married woman was not considered an independent legal entity. Rather, she was considered to be the chattel of her husband. As a result, she did not possess many of the rights now guaranteed to her as an independent legal entity, including the right to file a complaint against another under her own identity. Exception 2, which essentially exempts actions perpetrated by husbands against their wives from being considered acts of "rape," is largely influenced by and derived from this already



existing doctrine of merging the woman's identity with that of her husband

The roots of this doctrine can be traced to British colonial rule in the Victorian era. India was a British colony during the 19th century. All Indian laws enacted at this time were deeply influenced by English laws and Victorian norms. The marital exception to the IPC's definition of rape was drafted on the basis of Victorian patriarchal norms that did not recognize men and women as equals, did not allow married women to own property, and merged the identities of husband and wife under the "Doctrine of Coverture."

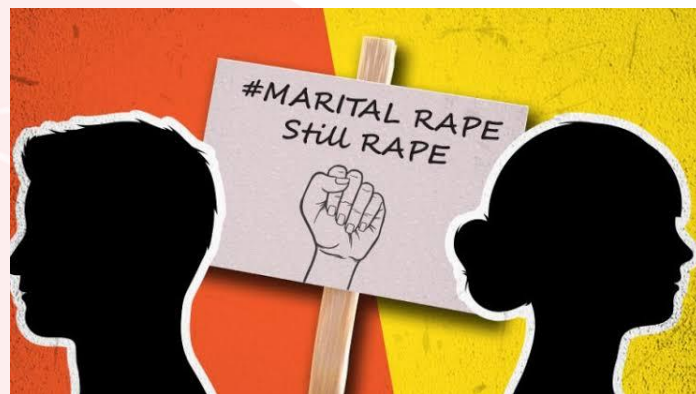
But times have changed. Indian law now affords husbands and wives separate and independent legal identities, and much jurisprudence in the modern era is explicitly concerned with the protection of women. This concern is women from violence and harassment that have been passed since the turn of the century, including “The Protection of Women from Domestic Violence Act” and the “Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act.”



Exception 2's distinction between married and unmarried women also violates Article 14 insofar as the classification created has no rational relation to the underlying purpose of the statute. In *Burhan Choudhary v. State of Bihar* and *State of West Bengal v. Anwar Ali Sarkar*, the Supreme Court held that any classification under Article 14 of the Indian Constitution is subject to a reasonableness test that can be passed only if the classification has some rational nexus to the objective that the act seeks to achieve. But Exception 2 frustrates the purpose of Section 375: to protect women and punish those who engage in the inhumane activity of rape. Exempting husbands from punishment is entirely contradictory to that objective. Put simply, the consequences of rape are the same whether a woman is married or unmarried. Moreover, married women may actually find it more difficult to escape abusive conditions at home because they are legally and financially tied to their husbands. In reality, Exception 2 encourages husbands to forcefully enter into sexual intercourse with their wives, as they know that their acts are not discouraged or penalized by law. Because no rational nexus can be deciphered between the classification created by the Exception and the underlying objective of the Act, it does not satisfy the test of reasonableness, and thus violates Article 14 of the Indian Constitution.

VIOLATION OF ARTICLE 21.

In recent years, courts have begun to acknowledge a right to abstain from sexual intercourse and to be free of unwanted sexual activity enshrined in these broader rights to life and personal liberty. In the *State of Karnataka v. Krishnappa*, the Supreme Court held that “sexual violence apart from being a dehumanizing act is an unlawful intrusion of the right to privacy and sanctity of a female.” In the same judgment, it held that non-consensual sexual intercourse amounts to physical and sexual violence. Later, in *Sucheta Srivastava v. Chandigarh Administration*, the Supreme Court equated the right to make choices related to sexual activity with rights to personal liberty, privacy, dignity, and bodily integrity under Article 21 of the Constitution.



Most recently, the Supreme Court has explicitly recognized in Article 21 a right to make choices regarding intimate relations. In *Justice K.S. Puttaswamy (Retd.) v. Union of India*, the Supreme Court recognized the right to privacy as a fundamental right of all citizens and held that the right to privacy includes “decisional privacy reflected by an ability to make intimate decisions primarily consisting of one’s sexual or procreative nature and decisions in respect of intimate relations.” Forced sexual cohabitation is a violation of that fundamental right. The above rulings do not distinguish between the rights of married women and unmarried women and there is no contrary ruling stating that the individual’s right to a privacy is lost by marital association. Thus, the Supreme Court has recognized the right to abstain from sexual activity for all women, irrespective of their marital status, as a fundamental right conferred by Article 21 of the Constitution.

Resource: -

<https://harvardhrj.com/2019/01/marital-rape-a-non-criminalized-crime-in-india/#>

A story of Olivia Deka vision success, She for change !

Tushar Kumar
B. Com (hons.) 1st year
Sri Aurobindo College Evening

As a Young girl, when she used to raise her hand to answer to her teachers, when she was proactive in all the class discussions initiated by her teachers, she was being called Over-smart, Show-off and Bossy. Through the years, as it continued, her self-esteem dwindled and she was clouded by self-doubt. She started raising her hands less often, she stopped answering the questions she knew the answers to and she decided that she will “fit-in” the way her peers wanted her to.

Over the years, her self-confidence took a steep fall downhill. She became introvert, she would not like people asking her questions. Standing in front of a crowd became her biggest fear. She suffered from an Identity Crisis and didn't even understand what it was until she was diagnosed with severe Clinical depression in 2015.

That was the time she started reading a lot of self-help books, engaged herself in a lot of research and found herself drawn towards the concept of women empowerment. Since she lost her Voice at a very young age; because she wanted to make sure her friends don't judge her as an Oddball, and she wanted to be likeable she realized how most of young girls like her just want to be “likeable” rather than being “brave”. She started realizing how important it is to be able to raise her voice and especially a voice that has been oppressed for years.

By the end of 2015, she wanted to create a community of young girls finding their voice just to help them feel empowered because somehow, she knew helping others find their voice will help her to find her voice too. She started SHE FOR CHANGE as a pilot project but she had no idea how to execute

her plans or how to work on her vision. It took her two years to learn, grow, and find the right people who guided her and helped her work on her vision and who instilled the faith in her that her Vision is not unrealistic. She found



Ashoka Youth Venture's network that helped her shape and change her Life, and Today she has....She For Change as a registered organization helping girls find their voices, believe in their dreams, find the right resources, tools and mentors to help them achieve their vision and basically instill the Faith and the courage to Dream Big, believe in them and Lead.

We need more Women in Leadership Roles to bridge the gender gap. If we are serious about achieving the development goals, we've set for ourselves, we need to be serious about empowering women, and especially girls, to learn, lead, decide and thrive. Developing the leadership capacity of girls in particular not only helps them to secure better livelihoods and better health today but can also create a generation capable of delivering future change.

That's the mission of She for Change, that's her vision of a world where there are more women leaders and more harmony and development.

कौन मां - बाप उसे रोक सका ?

Anjali kumari
Student
Maitreyi college

बेटी चाहे कितनी भी अजीज
कौन मां - बाप उसे रोक सका
अपने दर से खुद अपने हाथों
उसे दुल्हन बनाकर किया विदा

वो जो खेली आंगन तले
चदकी चिरैया उपवन खिले
ढेरो आशीष उसके बक्ये में बांध
मुस्कुरा के कहा - जो बेटी
खुद की आंखों में आंसू थाम

जिसे नजरो के घेरों में रखा सदा
उसे दुआओं के घेरें में अब विदा किया

जिसके घर आने का जश्र मनाया था कभी
उसके घर छोड़ने का भी समारोह किया
अपने उम्मीदों की फसल को जाने केसे
परवान चढ़ाते हैं
जिन हाथों से चलना सिखाया था कभी
उन्ही हाथों से कन्यादान निभाते हैं।



**ISHITA
VAISH**

B.A Eng.(H), Sem-2
>2nd prize in fashion
show, ARSD college
>2nd prize in fashion
show, Daulat ram
college
>1st prize in fashion
show,
NDIM Mavlankar
auditorium



RAJLAXMI

B.A (Prog), Sem-2

>3rd in
Competition BIZ-ARRE



**RAVI
MISHRA**

B.COM (Prog.), Sem-5
> Done internship with
TRAVELLING REDEFINED
in graphic designing and
digital marketing field



**PRIYANSHU
SHARMA**

B.A (Prog), Sem-4
>3rd position in, talk till
you drop competition
>2nd position in Go get
the followers
competition



Chef-d'oeuvre

**PAKHI
JOSHI**

B.A Eng.(H), Sem-2
>1st position in
Decipher the reality



**BIJITA
NAYAK**

B.A (Prog.), Sem-2

>3rd in
Competition BIZ-ARRE



The Pride of Our Team

**HEENA
BATRA**

B.A.(Prog), Sem-4

>Working with NGO
GUZARISH for social
cause



AMIT

B. Com (Prog), Sem-4

>3rd prize for digital
poster making
competition by Enactus
SACE

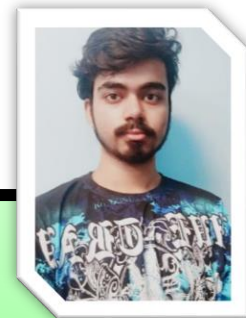


**TUSHAR
KUMAR**

B. Com (Hons), Sem-2

>2nd prize in case study
competition by
commerce society,
SACE

>3rd prize in debate
competition by C&GC,
SACE



मैं कौन हूँ ?

Abhinash kumar
B.A (hindi) hons.
Sri Aurobindo College Evening

न्यारी सी दुनिया की,
प्यारी सी गुड़िया हूँ मैं।
परिवार के खुशियों की सिरमौर हूँ मैं।

पापा की परी, तो माँ की मुस्कान हूँ मैं।
जो कभी डाँटे कभी फटकारे, उस भाई
की जान हूँ मैं।

घर में आने वाली मिठाई के पैकेट
के पहले हिस्से की हकदार हूँ मैं।
जब कभी माँ अपने कामों से थक जाए,
उस माँ के दर्दों की दरकार हूँ मैं।

घर की परवरिश की पहचान हूँ मैं ,
नादान सी मोरी मईया की अरमान हूँ मैं ।

समाज के लिए किन्हीं आँखों की देवी तो ,
किन्हीं आँखों की हवस की आस हूँ मैं ।

आप सोच रहे होंगे मैं कौन हूँ ?

मैं लाडली हूँ
मैं लाडली हूँ घर की
मैं बहन हूँ
मैं बहन हूँ उस घर की जिस घर के भाई द्वारा
घर
के बाहर किसी लड़की का अपमान होता है ।

मैं बेटी हूँ
मैं बेटी हूँ उस घर की जिस घर में पिता के द्वारा
बेटी का पालन पोषण होता है ,
मैं कर्मचारी हूँ
मैं कर्मचारी हूँ उस कार्यालय की जिस कार्यालय
के मालिक द्वारा मेरा शोसन होता है ।



में फैशन डिज़ाइनर हूँ
में फैशन डिज़ाइनर हूँ उन कपड़ों की
जिसके लिए कई कार्यक्रमों में मेरा
सत्कार होता है ,
में वही फैशन डिज़ाइनर हूँ
में वही फैशन डिज़ाइनर हूँ जिसके छोटे
कपड़ों के कारण कईयों का बलात्कार होता है।

क्या यही सोच है आपकी भी ?
क्या यही सोच है आपकी भी इन तुच्छ
लोगों की तरह ,
तो आप भी शिकार हो छोटी मनोभावों की
,कुछ लोगो की तरह ।

में नारी हूँ ...
अकेले होते हुए भी किसी की बेटि,
किसी की बहन, किसी की पत्नी तो
किसी की माँ हूँ ।

जितनी बार गिराओगे ,
उतनी बार चोटी पर ही खड़ी मिलूंगी ।

जिस तरह फूलों के कुचले जाने पर सुरभी
का प्रवाह प्रबल हो जाता है ,
ठीक उसी तरह नारी की सुरक्षा उसकी
स्वाभिमान की रक्षा करने पर
हमारा कर्तव्य अटल हो जाता है।

हम कोई तालाब या नदी नाले नहीं हैं
जो सूर्य की किरणों हमारा अस्तित्व मिटा दे ,
हम तो समंदर की वो लहरें हैं जो चट्टानों
को चीरकर अपना किनारा तय किया करते हैं ।

अगर विश्वास नहीं मेरी बातों की तो अपने मन के तुच्छ
पर्दे हटाकर अपनी मां -बहन का दीदार करके देखो
सारी बुरी अरमानों की झड़ी लग जाएंगी
और आंखों के सामने दैवीय रूप का
चमकता सितारा नजर आएगा ।



So, What do you think

Aman rawat,
Instagram page-
the_lighten_words

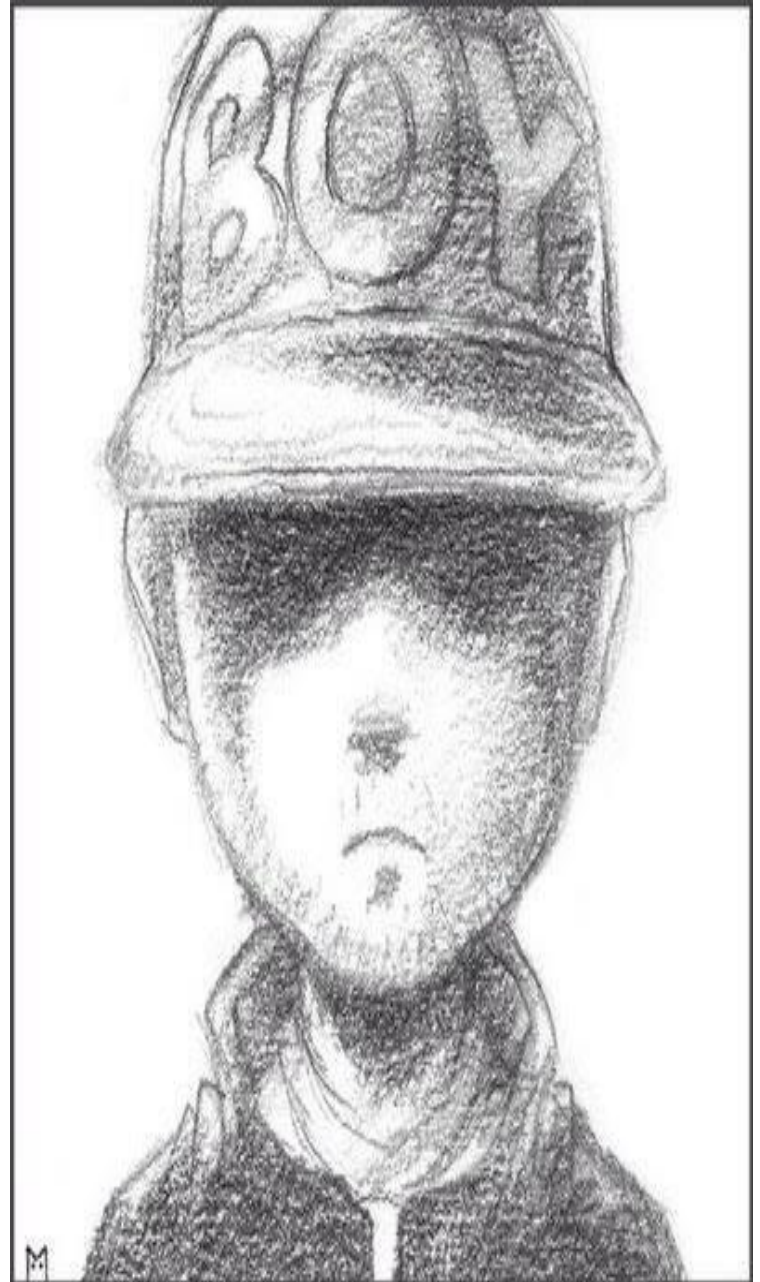
So what do you think what lasts
A boy with swag or a man with class
So who do you choose a boy taking you to stars
Or a man building himself after taking scars
So what do you choose a boy who complains
Or a man with a smile and responsibilities

So what do you prefer a boy enjoying on dad's cash
Or a man burning himself with the responsibilities and work becoming ash
So what do you prefer a boy with long night drive
Or a man waking up early at five...

What do you prefer a boy who has not grown up yet
Or a man whose clothes are soaked with sweat
What do you prefer a boy with macho hype Or a man with good and positive vibe

What do you prefer a boy running from you when time gets tough
Or a man doesn't care about hard times because he knew one good women is enough
What do you prefer a boy who leaves you to cry
Or a man who will always stand by you and help you fly

What do you prefer boy who works carelessly
Or a man who is mature and behaves sensibly
What do you think what lasts
A boy with swag or a men with class.



A LETTER TO MY MOTHER

Saurabh singh parmar
Alumni
Sri Aurobindo College (Evening)

Mother's Womb
The Safest Place on Earth
20th January 2020

Dear Mumma,

Since I have completed 28 successful weeks in your womb and getting prepared to be out in your arms soon, so I thought to write you this letter. I know you are keen to know how am I doing, so let me tell you I am completely okay here, it feels very safe and I enjoy eating lots of tasty pieces of stuff that you serve me, although I don't have a lot of things to do here, I enjoy walking inside this water bag. And yes, I am very excited to see how the outer world looks like.

I know you are quite worried about me. Just like you, I also think how they are going to react when they will get to know that I am not their 'Raja Beta' for who's arrival the whole family is so much excited but a 'Bemangi Beti'. I know neither Dadi nor Papa or Chachu want you to deliver a girl because they think only a boy can take forward their clan. And I also know how much pain, humiliation, and hatred you are facing while convincing them for me and you are still trying hard to hide my truth from them, making me in debt by your kindness and courage. I don't know how they all will react once I come-out. Sometimes even I get scared when dadi threatens you that she will kill both of us if you will give birth to a girl, will she really kill us, Mumma? Sometimes I feel enraged on myself, how inauspicious child one could be. I am neither good for you nor myself, you should have not concealed my identity while that sonography in my 10th week and would have asked the doctor to kill me then only, at least you would not have to experience so much of fear for our lives and could lead a happy life with papa and others waiting for a son to come to your womb.

But believe me, Mumma, I never want to be a burden on you or the family, neither I want to trouble you, people. I promise you, Mumma, I will try my best to convince everyone to let us live and not kill any of us. I will hear every saying of papa, I will drink the milk with round glass which he has promised to serve me once I get in his lap and in return will ask him to accept me as his child. Even if I will not be able to fly to space like Kalpana Di or be an extraordinary leader like Sushma Aunty was, but I promise I will work very hard and will bring all the luxuries to your lotus feet.

For now, just don't take much tension, it is not good for your health. Once I will come out I will convince each and everyone to accept me. And if in case you think they will not accept me, then when I will come out we will together ask the doctor to change me into a boy and dress me accordingly and then I bet nobody will stop me to enter the house. Till then eat a lot of tasty fruits and vegetables and take proper rest and please hear more of Lata Mangeshkar songs as I love her voice and I hope papa will also like my voice like Lata's song.

Love You Mumma.

(Apki Pari)

मैं

Nishank jain

B.Com(Prog.) 2nd year

Sri Aurobindo College (Evening)

मैं बहन, मैं माँ, मैं युक्ति, मैं दोस्त भी हूँ,
मैं काली, मैं गौरी, मैं लक्ष्मी, मैं दुर्गा भी हूँ।

मैं चुनौतियों और उपलब्धियों का भंडार हूँ,
मैं साहस, सहनशीलता का अपार संसार
हूँ।

मैं कभी ममता का आँचल तो कभी जनता
का शासन हूँ,
मैं घर में गृहणी हूँ और बाहर अफसर
बिटिया हूँ।

फिर भी कुछ चील-कौवे मुझ पर नजर
डालते हैं,
और अपने ही अंदर ना जाने कौन से स्वपन
पालते हैं।

मुझे उनसे फर्क नहीं पड़ता मैं स्वतंत्र देश
की नारी हूँ,
रक्षा करने वाले लोगों की, मैं हृदय से
आभारी हूँ।



कु-दृष्टि से जो मुझे देखते, बतला दूँ मैं
उनको कि उनसे मुझको कोई खौफ नहीं,
सुंदर हूँ, ईश्वर का दिया ये रूप है इसमें मेरा
तो कोई दोष नहीं।

मैं बहन, मैं माँ, मैं युक्ति, मैं दोस्त भी हूँ,
मैं काली, मैं गौरी, मैं लक्ष्मी, मैं दुर्गा भी हूँ।

RAISE YOUR VOICE, SUPPORT YOUR CHOICE

Akshata rana
Student,
Amity University, Noida

I am a girl
Came into this world
I never really had a choice to be a boy
But just accept this. Let me say Ahoyy!!
Here my journey begins
I might be a princess to my papa
Wish it was a boy, said my dadi and dada

I still am a loved child
Yet I wonder what made them say that, I
sighed!

In all this time I've heard some people shout
I remember, what it was about
"MY LIFE. MY CHOICE. THATS IT!!"
"But darling welcome to the real world
It Sucks, you're not going to love it."

Wearing what I want is how it should be,
Getting a deadly stare from the neighbour
next door,
Is it the length of my dress? Could be...

To have a baby whenever
I want...is what some tell
But what is the point of marriage
without a baby is what others yell.

I don't want to get married in the first place,
I want to give my life a meaning!
"Fir humara kya?" , "log kya kahenege?"
Aur teri age"??
Yet another parent successful in
their child in the vicious cycle of marriage.



I don't like that guy because I already
love a girl,
Yet another tear rolled down her cheek
like a little white pearl...

Some choices died long back in that closet,
While others hung up themselves while
being upset.
Some Judgements became louder than
wanted,
Ghosts were they, hearts and dreams they
haunted.
Hearts broke in the matter of choices,
I wish I had made that decision, screamed
some other unheard voices.

If you're one of those woman then don't be
afraid
Repeat after me, as I say!

I am a woman,
They say I turn a house into living heaven.
I can touch the clouds and make it rain,
I am the goddess of love and pain.

My choices define me. I have a voice.
And yes, I will make my own decisions
and rejoice.

Society is no one to hold me back
And if a single soul does so,
I will hold my breath, take a step back
Roar like a Lioness and attack.

Moving in my direction like a Soldier,
And here come my dreams, my choices
and my life closer, closer and closer.

So girl , raise your voice and support choice
Let yourself be heard today, no matter who
calls it noise !!



WOMAN IS THAT, SPARK

Sanjana khatri
Central Academy Sardarpur,
Udaipur

woman is that spark which can
lead to the fire of development
their end would result in this
universe's end!!
every woman is thought to be a victim
who is dominated and raped....
her success, respect and
fame is often ignored
She doesn't get feel freedom
just because of fear of that touch...
touch to her body and her soul,
touch which she doesn't like,
touch which breaks her !!
To uplift the status of women
we need to stop thinking them to
be weak,
stop giving them sympathy every-
time...
they don't need your sympathy
they deserve your love,
respect trust...to shine !!
even after so many years,
a woman is not getting justice...
even after so many "feminists"
around the globe they are not getting a
safe place !!



I AM A WOMAN

Priyanshi aggrawal
Prestige Institute Of Mangament
and research,Indore

I am a woman and I'm not chasing privileges,

I am just trying to run away from cages.

I'm an woman.

Unpredictable at times.

I'm strong and sensitive at the same time,

I'm wild and reckless but homey and caring at the
same time.

I'm a women.

Unpredictable at times.

I'll talk about feminism and empowerment but will
want others to pamper me on the other hand.

I'm a woman.

Unpredictable at times

Maybe weak in the eyes others.

But that's not the thing that bothers.

I'm a women but I don't want privileges,

I just want to break the walls you all have built in
ages.

I want people to understand my souls fire;

Respect my needs, my choices and my desires.

I'm a woman

Unpredictable at times.

I need support not stairs to climb.

I am a woman

I'm not wreck, I'm just fighting everyday to break the
strings holding me back.

A strong woman will never look for privileges she
can fight without them.



The Real

Empowerment

Vansh

Standard 12th

Dr. virendra swarup education centre

“When women do better, Economies do better.”

-Christina Lagarde,
Managing Director, IMF

Imagine a nightmare if there were only one gender on this planet. Imagine the situation where you're walking and just seeing the same gender on the thoroughfares. In your offices, colleges, factories, schools, institution everywhere the same gender. Bewildered? Women empowerment has always been a matter of eternity. It's not a newly introduced cake into the oven. We've been listening to many social media influencers, celebrities, actively participating in uplifting women so that we become participative in this changing scenario.

But has anyone realised why do we need women empowerment? Why is it needed? Is there really a need for women empowerment or not? Were women discriminated in the previous ages too? After going through this article, all questions will get answered hopefully.

When the readers really ponder, we get a newly created and an innovative society to live in. And for pondering more, here are a few more questions to ponder. Why there hasn't been any active female political leader in China, US, Italy, Japan, Russia, Mexico, Saudi Arabia? Want to go deeper? Though US is the most regarded state on this planet, it has yet to break the Presidential Glass Ceiling. It's not that women didn't participate in the elections; they've got the right to participate but unfortunately never got an opportunity to govern the state. Isn't this discrimination? Well, some might just ignore this calling it a hoax and for such people, here are a few more questions. Why across many conservative communities in Saudi Arabia and Pakistan, women still face this major social bulwark? Despite it not being a law, women are still not allowed licenses and can only exercise the right to go out in public if accompanied by a chaperon. This is depressing. Why in some extreme cases, women are not allowed to leave the country without the consent of their husbands and Up until the age of 40, why are single women required to ask their father for permission? In India and Pakistan, isn't female infanticide and honour killing still, prevalent? Not only in these mentioned countries women are facing prejudice, but also in many other countries too.

Talking the religious perspective, all must be aware with the Curse that Ahalya got from her husband because of adultery with Indra and became a stone until Lord Rama freed her. Why did Goddess Sita have to give Agni Pariksha and even after passing it, she had to take forced exile? Thinking about the chapter of Vastra Haran still



gives goose bumps. I guess till here it has been evident that women needed empowerment. But just by empowering women, will the discrimination stop?



The grievance of discrimination won't stop until boys are raised well. Mothers must be given training how not to raise their boys like a monster. It's not at all wrong to remark that it is truth that women are being treated as objects. Even at the workplaces, when a woman gets promotion, every male employee is envious of her promotion and the innocent woman had to face so many remarks as if she has got promotion because of her physical relations with the boss. Had empowerment only been needed, the discrimination would have gone ages ago. But the raucous reality is just the opposite. Gender empowerment is totally dependent on good upbringing of boys because if there were only one gender, there wouldn't have been any

need of women empowerment.

Till here we have realised that women have been discriminated since ages, in every sector, in every country, in many ways. definitely, there is a strong need to uplift women. We've got the point that it's incomplete without good upbringing of ways and undoubtedly there is a need for empowerment. And for this, let's understand what real empowerment is and what it's not.

Real empowerment is not posting #tags on Instagram and Facebook stories but taking a stand for what's is wrong. Real empowerment is not giving workshops or taking lectures, instead it is training and training them. Real empowerment will not be blaming males for the discrimination but will be preparing oneself in such a way so that no man even thinks of abusing. We've been talking of equality since so long but then why do girls stay aback in preparing themselves. If the boys are ready to abuse, why are women not ready to strongly oppose them? It's strongly recommended for every girl/lady to learn some sort of self-defence so that even if some sort of abuse knocks their door they can easily get to the grips with the abuse.

When boys are brought up properly and girls get the real empowerment, the world will definitely be a better place to live in with harmony.

"You must be the change you want to see in the world."

-Mahatma Gandhi

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